

	A	B	C	D	E
1	Holder Relays Invitational Records				
2	Boys' Varsity Records				
3	Event	Performance	Name(s)	School	Year
4	100m	10.53	Ja'Warren Hooker	Ellensburg H.S.	1997
5	400m	47.53	Ja'Warren Hooker	Ellensburg H.S.	1997
6	1600m	4:14.81	Cooper Quigley	Selah H.S.	2022
7	3200m	9:11.47	Drew O'Donoghue McDonald	Seattle Prep H.S.	2010
8	300m Hurdles	39.12	Ian Johnson	Nampa Christian	2025
9	400m Hurdles	56.78	Kaden Miller	Cashmere H.S.	2024
10	2,000m St/Chase	6:07.03	Ronan Price	Eisenhower H.S.	2017
11	4 x 100m Relay	42.75	J.Brightful, J.Forbes, L. Stgiver & B. Pratt	Richland H.S.	2024
12	4 x 100m Throwers Relay	48.55	J. Lionello, J. Barnes, T. Payne & D. Dixon	Mt. Spokane H.S.	2015
13	(shared)		C. Dahl, J. J. Espinoza, D. Hughes & N. Vincent	Chiawana H.S.	2011
14	4 x 400m Relay	3:24.6		Pasco H.S.	1990
15	DMR (1200-400-800-16000)	10:39.17	T. Cummins, B. Simison, G. Silva & G. Peone	Eisenhower H.S.	2010
16	Shot Relay	162'-3.5"	Tausa, Patterson & Sells	Shelton H.S.	1999
17	Shot, Individual	54'-6.5"	Miguel Cruz	River View H.S.	2025
18	Discus Relay	476'-0"	Woods, Grambling & Hines	Mt. Spokane H.S.	2015
19	Discus, Individual	172'-11"	Trevor Payne	Mt. Spokane H.S.	2015
20	Long Jump Relay	65'-0.75"	Lovall, McCord & Pickel	Kennewick H.S.	1980
21	Long Jump, Individual	23'-0.5	Payton Radliff	Richland H.S.	2014
22	High Jump	7'-0"	Mike Mason	Abbotsford, BC	2004
23	Pole Vault	15'-2"	Daniel Calhoon	Cedar Park Christian H.S.	2013
24	Triple Jump	45'-11.5"	Jeremy Taiwo	Newport H.S.	2008
25	Javelin	222'-8"	Sean Keller	Heritage H.S.	2012
26					
27	Boys' Frosh-Sophomore Records				
28	Event	Performance	Name(s)	School	Year
29	100m	11.30	Ricardo Betancourt	Eisenhower H.S.	2000
30	400m	51.60	Stuart Ellenwood	Langley, BC	2009
31	800m	2:00.98	Kian Compton	Eisenhower H.S.	2025
32	1600m	4:31.10	Scott Sebens	Oak Harbor H.S.	1999
33	110m Hurdles	15.07	Tristin Warne	McLoughlin H.S	2015
34	4 x 100m Relay	45.41	A. Diaz, D. Adekanbi, H. Hone & A. Mosley	Hathan Hale H.S.	2013
35	High Jump	6'-9"	Michael Mason	Valley Royals TC, BC	2002

	A	B	C	D	E
36	Pole Vault	13'-0"	Kyle Hamilton	Cedarcrest H.S.	2005
37			Lev Marcus	Nathan Hale H.S.	2011
38			Roman Ruiz	Chiawana H.S.	2014
39	Shot	46'-1.5"	Dennis Christensen	Richland H.S.	2010
40					
41					
42					
43					
44					
45	Girls' Varsity Records				
46	Event	Performance	Name(s)	School	Year
47	100m	11.89	Braelyn Baker	Bear Creek H.S.	2024
48	400m	57.63	Stephanie Cummings	Glacier Peak H.S.	2010
49	1600m	4:43.57	Amy-Eloise Neale	Glacier Peak H.S.	2013
50	3200m	10:26.23	Amy-Eloise Neale	Glacier Peak H.S.	2011
51	300m Hurdles	44.7	Burris	Sammamish H.S.	1997
52	400m Hurdles	58.26	Braelyn Baker	Bear Creek H.S.	2024
53	2,000m St/Chase	7:25.56	Elyria Kabasenche	Pullman H.S.	2017
54	4 x 100m Relay	49.7	Anderson, Ford, Rance & Rainey	Davis H.S.	2002
55	4 x 100m Throwers Relay	55.35	J, Ryan, A. Schroeder, S. Cronk & B. Jordan	Juanita H.S.	2019
56	4 x 400m Relay	4:01.18	Quigley, Dick, Graham & Luth	Woodinville H.S.	2010
57	DMR (1200-400-800-16000)	12:13.94	K. Bianchini, I. Smith, M. Ingram & A. Neale	Glacier Peak H.S.	2013
58	Shot Relay	114'-3"	Cresse, Hanson, & Hill	Ellensburg H.S.	2005
59	Shot, Individual	40'-11"	Angela Nikwonta	Pullman H.S.	2015
60	Discus Relay	337'-5'	Fisher, Branch & Heater	Eisenhower H.S.	2003
61	Discus, Individual	137'-6"	Samantha Lester	Kennewick H.S.	2014
62	Long Jump Relay	50'-3"	Owens, Wheat & Seigny	Richland H.S.	1977
63	Long Jump, Individual	19' 11.25"	Laine McKenzie	Cedarcrest H.S.	2025
64	High Jump	5'-7"	Harley McBride	Columbna Burbank H.S.	2013
65			Shaddia Meadows	Naches Valley H.S.	2016
66	Pole Vault	12'-0"	Annie Hatzenbeler	Nathan Hale H.S.	2019
67	Triple Jump	40' 11.75"	Laine McKenzie	Cedarcrest H.S.	2025
68	Javelin (Old)	153'-0"	Sammy Freeman	Eisenhower H.S.	2001
69	Javelin (New 2002)	143'-11"	Nicolle Fraser	Abbotsford H.S., BC	2008
70					
71	Girls' Frosh Records				
72	Event	Performance	Name(s)	School	Year

	A	B	C	D	E
73	100m	12.80	Megan Kelly	Bellingham H.S.	2002
74	400m	1:00.47	Meghan Manaiois	Roosevelt H.S.	1996
75			Cheyenne Tunit	Surrey, BC	2008
76	800m	2:18.67	Zoey Moon	West Valley-Yakima	2024
77	1600m	5:22.74	Sasha Schooh	Abbotsford, BC	2008
78	110m Hurdles	15.57	Laura Smith	Richland H.S.	2018
79	4 x 100m Relay	53.00	A. Meadows, T. Ackley, H. Riel & A. Valdez	East Valley-Yakima	2016
80	High Jump	5'-4"	Georgia Ellenwood	Langley, BC	2009
81	Long Jump	16'-7.75	Caroly Sutherland	Langley, BC	2009
82	Discus	106'-6"	K. Kayes	Hoquiam H.S.	1994
83					
84	Boys' Wheelchair Records				
85	Event	Performance	Name(s)	School	Year
86	100m	19.81	Chance Wells	West Valley-Yakima	2021
87	400m	56.31	Chance Wells	West Valley-Yakima	2023
88	1600m	4:28.82	Chance Wells	West Valley-Yakima	2021
89					
90					
91	Boys' Ambulatory Records				
92	Event	Performance	Name(s)	School	Year
93	100m	14.15	Javier Benito	Eisenhower H.S.	2023
94	400m	1:05.44	Javier Benito	Eisenhower H.S.	2023
95	Javelin	36'-5"	Julian Rivera	Davis H.S.	2023
96					
97	Girls' Ambulatory Records				
98	Event	Performance	Name(s)	School	Year
99	100m	20.45	Kendra Craciun	Valley Christian H.S.	2025
100	400m	2:28.00	Emilee Huntsman	La Grande H.S.	2024
101	Shot	15' 11"	Melissa Mendoza	Eisenhower H.S.	2025